



One 6½ Station Road, Goshen, New York 10924 • PH: 845-294-5400

**KOSHER PRE-PLATED MEALS & SIDE DISHES**

Item Code	Item Description	Product List		Case Pack	Case Net Wt.	Case Gross Wt.	Case Cube	Case Dimensions (L x W x H)
		UPC Code	OU Kosher Status					
<b>Lunch-Dinner Assortments Regular &amp; Modified Diet</b>								
FPR617	Assorted Dinners <i>Herb Roasted Chicken Breast (1), Baked Tomato Herb Fish (1), Salisbury Steak (1), Yankee Style Pot Roast-Beef (1), Meatballs &amp; Spaghetti (1), Roast Turkey Breast (1)</i>	8 13801 00222 3	Glatt	6 Meals	4.6 #	6.6 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM717	Assorted Dinners, N/S <i>Herb Roasted Chicken Breast (1), Lemon Herb Baked Fish (1), Salisbury Steak (1), Yankee Style Pot Roast-Beef (1), Meatballs &amp; Spaghetti (1), Roast Turkey Breast (1)</i>	8 13801 00223 0	Glatt	6 Meals	4.6 #	6.6 #	13 x 11 .42'	14.38 x 9.38 x 5.38
<b>Lunch-Dinner Regular Diet</b>								
FPR600	Herb Roasted Chicken Breast <i>with Gravy, Carrot Tzimmes &amp; Egg Barley</i>	8 13801 00148 6	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR601	Chicken In A Pot (Boiled) <i>Boneless Breast (Pieces), Peas, Matzoh Balls &amp; Broth</i>	8 13801 00167 7	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR630	Baked Chicken Breast <i>Boneless Breast (Pieces), Gravy, Carrots Tzimmes &amp; Egg Barley</i>	8 13801 00166 0	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR602	Roast Turkey Breast (SLICES) <i>with Gravy, Sweet Potatoes &amp; Peas</i>	8 13801 00145 5	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR616	Chicken Chow Mein <i>Breast Pieces, Egg Rolls(2), Cooked White Rice &amp; Vegetables/Sauce</i>	8 13801 00187 5	Glatt	6 - 13 oz	4.9 #	6.9 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR603	Salisbury Steak <i>with Gravy, Mashed Potatoes, Corn &amp; Peas</i>	8 13801 00150 9	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR604	Brisket Of Beef <i>with Gravy, Noodle Kugel &amp; Green Beans</i>	8 13801 00153 0	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR605	Beef in Broth <i>with Bowtie Pasta &amp; Carrots, Celery and Onions</i>	8 13801 00169 1	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR606	Yankee Style Pot Roast (BEEF) <i>with Gravy, Mashed Potatoes, Carrots &amp; Peas</i>	8 13801 00152 3	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR607	Home-Style Beef Meatloaf <i>with Brown Gravy, Potato Pudding, Peas &amp; Carrots</i>	8 13801 00168 4	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR610	Beef Stew <i>with Gravy, Red Skin Potatoes, Peas &amp; Carrots</i>	8 13801 00164 6	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR612	Stuffed Cabbage With Beef <i>with Sweet &amp; Sour Sauce, Peas &amp; Carrots</i>	8 13801 00170 7	Glatt	6 - 12.5 oz	4.7 #	6.7 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR614	Beef Meatballs & Spaghetti <i>with Tomato Sauce &amp; Peas</i>	8 13801 00151 6	Glatt	6 - 13 oz	4.9 #	6.9 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR615	Swiss Steak <i>with Gravy, Mashed Potatoes, Green Beans</i>	8 13801 00188 2	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR618	Sweet & Sour Chicken & Beef Meatballs <i>with Macaroni Salad &amp; Peas</i>	8 19620 02152 0	Glatt	6 - 11 oz	4.13 #	6.13 #	13 x 11 .42'	14.38 x 9.38 x 5.38





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## Product List

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<b>Lunch-Dinner Regular Diet</b>								
FPR652	Baked Tilapia with Margarine Sauce <i>with Roasted Potatoes, Green Beans &amp; Carrots</i>	8 13801 00855 3	Parve	6 - 8.5 oz	3.19 #	5.19 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR653	Salmon Patties <i>with Mashed Potatoes, Mixed Peas, Corn &amp; Carrots</i>	8 13801 00856 0	Parve	6 - 9 oz	3.38 #	5.58 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR654	Tilapia with Ratatouille Sauce <i>with Macaroni Salad &amp; Green Peas</i>	8 19620 02153 7	Parve	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR647	Vegetable Stuffed Peppers <i>with Tomato Sauce, Green Beans and Bowtie Noodles</i>	8 13801 00315 2	Parve	6 - 12.5 oz	4.7 #	6.7 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR643	Vegetable Lasagna <i>with Sauce, Cheese, Carrots &amp; Corn</i>	8 13801 00295 7	Dairy	6 - 13.25 oz	5 #	7 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR644	Eggplant Parmagiana <i>Sliced Eggplant topped with Cheese &amp; Sauce, Spaghetti, Carrots &amp; Peas</i>	8 13801 00296 4	Dairy	6 - 13 oz	4.9 #	6.9 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR645	Cheese Ravioli <i>(4) Jumbo Ravioli, Tomato Sauce, Green Beans &amp; Peas</i>	8 13801 00297 1	Dairy	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR649	Manicotti <i>with Tomato Sauce, , Mozzarella Cheese, Peas &amp; Carrots</i>	8 13801 00572 9	Dairy	6 - 14 oz	5.25 #	7.25 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR655	Black Bean Vegan Chili <i>with Corn &amp; Broccoli</i>	8 19620 02154 4	Parve	6 - 11 oz	4.13 #	6.13 #	13 x 11 .42'	14.38 x 9.38 x 5.38
<b>Purees, Lunch-Dinner Modified Diet</b>								
FPM734	Pureed Beef, N/S <i>with Gravy, Pureed Carrots &amp; Mashed Potatoes</i>	8 13801 00182 0	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM735	Pureed Chicken, N/S <i>with Gravy, Pureed Green Beans &amp; Mashed Sweet Potatoes</i>	8 13801 00183 7	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR808	Puree Omelet <i>with Mashed Potatoes and Peach Compote</i>	8 13801 00857 7	Dairy	6 - 8.5 oz	3.19 #	5.19 #	13 x 11 .42'	14.38 x 9.38 x 5.38
<b>Lunch-Dinner Modified Diet</b>								
FPM700	Herb Roasted Chicken Breast, N/S <i>with Gravy, Roasted Potatoes &amp; Green Beans Almondine</i>	8 13801 00156 1	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM701	Chicken In A Pot (Boiled), N/S <i>Boneless Breast (Pieces), Matzoh Balls, Green Beans &amp; Carrots &amp; Chicken Broth</i>	8 13801 00184 4	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM730	Baked Chicken Breast, N/S <i>Boneless Breast (Pieces), Gravy, Roasted Potatoes &amp; Green Beans</i>	8 13801 00180 6	Glatt	6 - 12.5 oz	4.7 #	6.7 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM711	Chicken Pattie, N/S <i>with Turkey Gravy, Mashed Potatoes and Braised Cabbage</i>	8 13801 00887 4	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM702	Roast Turkey Breast (SLICES), N/S <i>with Gravy, Green Beans, Mashed Sweet Potatoes</i>	8 13801 00155 4	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM713	Turkey Pattie, N/S <i>with Turkey Gravy, Garlic Mashed Potatoes and Sweet&amp;Sour Cabbage</i>	8 13801 00888 1	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM718	Turkey Meatballs & Spaghetti, N/S <i>with Sauce, Carrots &amp; Peas</i>	8 13801 00889 8	Glatt	6 - 13 oz	4.9 #	6.9 #	13 x 11 .42'	14.38 x 9.38 x 5.38





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<b>Lunch-Dinner Modified Diet</b>								
FPM719	Turkey Frank & BBQ Beans, N/S <i>with Mashed Potatoes, Carrots &amp; Peas</i>	8 13801 00890 4	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM703	Salisbury Steak, N/S <i>with Brown Gravy, Mashed Potatoes with Chives, Carrots &amp; Peas</i>	8 13801 00179 0	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM704	Brisket Of Beef, N/S <i>with Gravy, Brown Rice with Peas &amp; Carrots</i>	8 13801 00181 3	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM705	Beef in Broth, N/S <i>with Potatoes &amp; Carrots</i>	8 13801 00185 1	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM706	Yankee Style Pot Roast (BEEF), N/S <i>with Gravy, Mini Bowtie Pasta, Green Beans &amp; Carrots</i>	8 13801 00157 8	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM707	Home-Style Beef Meatloaf, N/S <i>with Brown Gravy, Mashed Potatoes, Green Beans &amp; Carrots</i>	8 13801 00163 9	Glatt	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM714	Beef Meatballs & Spaghetti, N/S <i>with Tomato Sauce &amp; Green Beans</i>	8 13801 00174 5	Glatt	6 - 13 oz	4.9 #	6.9 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM709	Lemon Herb Baked Fish (Tilapia), N/S <i>with Lemon Herb Sauce, Green Beans &amp; Rice Pilaf</i>	8 13801 00178 3	Parve	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM740	Vegetable Stuffed Cabbage, N/S <i>with Sweet &amp; Sour Sauce, Spaghetti &amp; Carrots</i>	8 13801 00284 1	Parve	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM747	Vegetable Stuffed Peppers, N/S <i>with Tomato Sauce, Penne Pasta, Greens Beans &amp; Carrots</i>	8 13801 00323 7	Parve	6 - 12 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
<b>Kids Meals Regular Diet</b>								
FPR680	Macaroni & Cheese <i>with Elbow Macaroni, Peas, Cheddar &amp; American Cheese</i>	8 13801 00807 2	Dairy	12 - 9 oz	6.75 #	8.75 #	13 x 11 .42'	14.38 x 9.38 x 5.38
<b>Breakfast - Regular &amp; Modified Diet</b>								
FPR810	Assorted Breakfast Meals <i>Plain Omelette with Potatoes - OU Parve Fruit Filled Pancakes Rolls - OU Dairy Texas French Toast with Maple Spread - OU Parve</i>	8 13801 00709 9	Parve & Dairy	12 - 4/5 oz	3.8 #	5.8 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR800	Texas Style French Toast with Maple Spread	8 13801 00210 0	Parve	12 - 5.5 oz	3.9 #	5.9 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR801	Plain Omelette w/Potatoes	8 13801 00186 8	Parve	12 - 5 oz	3.8 #	5.8 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPM802	Plain Omelette w/Potatoes, N/S	8 13801 00190 5	Parve	12 - 5 oz	3.8 #	5.8 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR803	Cheddar Cheese Omelette w/Potatoes	8 13801 00211 7	Dairy Cholov Yisrael	12 - 5.5 oz	4.1 #	6.1 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR804	Fruit Filled Pancakes Rolls (2) with Syrup	8 13801 00212 4	Dairy	12 - 4 oz	3 #	5#	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR805	Pre-Fried Cheese Blintzes (2) with Sliced Apple Compote	8 13801 00213 1	Dairy Cholov Yisrael	12 - 5.9 oz	4.4 #	6.4 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR806	Spanish Omelet with Potatoes	8 13801 00310 7	Parve	12 - 5.5 oz	4.1 #	6.1 #	13 x 11 .42'	14.38 x 9.38 x 5.38





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		UPC Code	OU Kosher Status						
<b>Soups Regular &amp; Modified Diet (Individual Serve)</b>									
FPM200	Clear Chicken Broth N/S	8 13801 00313 8	Glatt		12 - 8 oz	6 #	8 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR201	Chicken Broth & Matzoh Balls	8 13801 00287 2	Glatt		12 - 8 oz	6 #	8 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR202	Vegetable	8 13801 00288 9	Parve		12 - 8 oz	6 #	8 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR203	Mushroom Barley	8 13801 00289 6	Parve		12 - 8 oz	6 #	8 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FPR204	Cabbage	8 13801 00290 2	Parve		12 - 8 oz	6 #	8 #	13 x 11 .42'	14.38 x 9.38 x 5.38
<b>Desserts (Individually Wrapped) Defrost &amp; Serve</b>									
FD500	Danish	8 13801 00361 9	Parve		24 - 1.75 oz	2.63 #	4.63 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FD501	Brownie	8 13801 00362 6	Parve		24 - 2 oz	3 #	5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FD502	Fruit Cup	8 13801 00363 3	Parve		24 - 3 oz	4.5 #	6.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38
FD503	Marble Cake	8 13801 00364 0	Parve		24 - 1 oz	1.5 #	3.5 #	13 x 11 .42'	14.38 x 9.38 x 5.38

